



3-Stripes Instructor Program

To officially register for the 3-Stripes Instructor Program, please follow these instructions:

- 1 Complete the application form below.
2 Provide proof of employment as a fitness professional
3 Include a copy of your professional credentials
4 Mail the application form and documentation to:

adidas 3-Stripes Instructor Program
PO Box 25384
Portland, OR 97298

- 5 Or you may fax the application and documentation to:
503.520.8969

Any Questions? Please give us a call at 1.888.311.1995.
We're available from 8am to 5pm Pacific Time, Monday through Friday.
Thank you and we look forward to your participation!

Professional Certification or Membership: (circle all that apply) IDEA ECA ACE AFAA ACSM META NSCA YMCA
AAHPERD NATA NASM NCSF Cooper NFPT USAG Other
Title: Group Exercise Instructor Personal Trainer Strength/Conditioning Coach Athletic Trainer PE Teacher
Fitness Director Club Owner
Years as a Professional: 1-3 4-7 8-12 13-20 20-plus
Your Age: 18-21 22-25 26-30 31-35 36-40 41-45 46-59 60-over
Sex: Female Male
Your Place of Work: Gym (part of a chain) Gym (privately owned) University (4 years) College (2 years) Parks & Rec Other

Your Name
Street Address Apt. #
City State Zip
Daytime Phone email
Apparel Size Tops Bottoms Shoe Size
Your Gym/Club/School Name
Director's Name Club Phone
Club Address
City State Zip